



# AI Safety Education: Quick Checklist

Practical habits to help students build safety thinking

## AI Safety Habits to Encourage: Quick Checklist

These small, repeatable habits help students notice risk early, ask better questions, and treat safety as part of doing things properly, not something that slows progress.

**Pause before trusting.** Stop briefly before accepting AI outputs or online content as correct.

**Ask what the tool is being used for.** Notice whether a system is helping, persuading, monitoring, or shaping behaviour.

**Look for missing safeguards.** Ask whether anyone is checking outputs, errors, and unintended effects before the tool is trusted at scale.

**Question speed pressure.** Recognise when convenience, competition, or deadlines might be pushing safety aside.

**Notice who benefits.** Consider whose goals a system is optimising for, and who carries the risk if it goes wrong.

**Speak up when something feels off.** Practise raising concerns early rather than assuming someone else is responsible.

**Classroom tip:** Ask students to tick the habits they used this week, then write one example of where they paused, questioned, or spoke up.

## Related Resources

- AI Safety and Our Shared Future (main article)
- Teacher Notes for AI Safety Education
- Student Activities for AI Safety Education

- Discussion Prompts for AI Safety Education
- Optional Slides for AI Safety Education

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More resources at [digitalsafetysquad.com](https://digitalsafetysquad.com)



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